

# Invisible Braces — Pros, Cons, and a Braces Survey

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Written by Madison Smith | Last Updated December 11th, 2019

Madison Smith is a content marketer at Best Company. Her background resides in public relations and interests includes binge listening to her favorite podcasts and audiobooks.

Topics: [invisible braces](#), [invisible braces benefits](#)

Are you in the midst of a search to discover which braces are right for you?

Dentists and orthodontists weigh in on everything you are wanting to know about invisible braces. Here we compare the costs, benefits, FAQs, pros, and cons associated with invisible braces.

**Bonus:** Take our braces survey to find out if invisible braces are right for you, or if you're better off going with traditional metal, ceramic, or lingual braces.

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## What Type of Braces are Right For You?



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## Invisible braces pros

Convenient	Many invisible braces companies offer at-home treatment, meaning you never actually step foot into the orthodontist's office.
Removable	"Because the aligners can be removed, a good candidate will need to be serious about their orthodontic treatment and committed to wearing their trays as directed (typically teens and adults). If you are an athlete who plays contact sports, the ability to remove invisible braces during a game is beneficial. Not to mention no more paying to replace broken brackets caused by hard candy." — <a href="#">Dr. Emilia Taneva</a>
Efficient	Treatment time varies from as little as three months and stretches up to 18. The average time is typically less than a year of treatment.
Discrete	Invisible braces are discreet and clear. Some people may not even notice that you are wearing them. Adults love this feature!

Lower cost	You can typically get invisible braces for much cheaper compared to other kinds of braces, because an orthodontist is not needed for at-home invisible braces treatment. Treatment could be as low as around \$2,000 or could reach up to \$8,000, depending on the company and treatment type. In addition, monthly financing plans are commonly available.

Invisible braces cons

Mild pain	Depending on the state of your teeth, pain levels can vary. Most customers say that there is only a dull achy pain at the start of each new aligner set. This can be expected; your teeth are moving after all. However, you don't have the added irritation of brackets, wires, or rubber bands.
Upkeep	Invisible aligners can get yellow if you do not keep up with cleaning. Most invisible braces companies recommend that you brush your teeth after every meal before you put your aligners back in. This can get tedious for some, as well as increase the chance that you'll accidentally misplace your aligners. For these reasons, "Invisible braces work best for self-disciplined individuals who can commit to upkeep and wearing the aligners 22 hours a day." — <a href="#">Dr. Ziad Jalbout</a>
Only treats minor misalignments	"Invisible braces are a best fit for adults/teens with minor misalignment issues who are dedicated to the upkeep involved with clear aligners. An ideal candidate for invisible braces is an adult who has had an orthodontic "relapse," meaning, they had braces in the past but their teeth have since shifted and just need a quick "fix" to get them back into proper alignment." — <a href="#">Dr. Ana Ortiz</a>

Invisible braces FAQs answered by doctors

1. How do invisible braces work?

Invisible braces slowly move teeth through the slight, constant pressure of a clear retainer.

"Invisible braces are custom-built for a tight fit. They can be used to treat overbites, crooked, crowded, and widely spaced teeth. However, they will not work for people with severe overbites, crowding, or spacing problems." — [Dr. Steffany Mohan](#)

2. How long do I need to wear my invisible braces?

The average treatment time will vary depending on which invisible aligner company you choose and the severity of your case. However, most companies tell consumers that their smile will be improved anywhere between 3 and 18 months.

3. Am I a good candidate for invisible braces?

"Invisible braces or clear aligners are ideal for patients (adults and teenagers) who only require minor tooth movements. In addition, they must be fully committed to wearing their aligners in order to complete the treatment in a timely manner." — [Dr. Larry Evola](#)

4. How much do invisible braces cost?

The cost of your invisible braces largely depends on the extent of alignment your teeth need and how many aligners you'll need throughout the treatment. The average price for invisible braces through your dentist is between \$3,500 and \$8,000.



If you choose to purchase invisible aligners online, you could be paying a lot less — especially if you pay the entire amount upfront. Most online invisible braces companies are charging right around \$2,000 for treatment. Many invisible aligner companies offer flexible monthly payment plans, which is helpful to consumers who don't want to pay all at once.

Customers should also be aware that they can use their dental insurance, as well as their HSA or FSA debit card, to pay for the treatment. Many dental plans will cover your treatments the same way they would cover braces. It's important to talk to your insurance provider before signing up for an invisible braces treatment plan to see if they can help reduce the overall cost.

Remember — take this braces survey to find out if invisible braces is right for you!

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The Top Invisible Braces Companies

	#1 byte > 9.9 Overall Score 4.9 ★★★★★ (317)	<a href="#">View Profile</a>		<a href="#">Visit Site</a>
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